



# Coaching with Data Masterclass

## Transform Your Swim Program

Supercharge your coaching skills with TritonWear's intensive seven-session masterclass, designed to elevate swim performance to new heights.

### What You'll Learn

- Use data to support your coaching decisions
- Create athlete-specific training plans
- Plan seasonal cycles with reliable data
- Set motivating, effective goals

### Who This Helps

Swim coaches at any level plus team leaders and staff seeking professional growth.

#### Transform Coaching Decisions

Shift from guesswork to data-driven plans that enhance program performance.

#### Support Athlete Growth

Use detailed data to pinpoint strengths, prevent overtraining, and refine technique.

#### Build Team Trust

Provide clear progress reports to athletes, parents, and staff to show coaching impact.

# 7

Sessions

Elevate your data skills - our curriculum guides you to a sustainable data culture.

# 100%

Practical

Hands-on use of the FIT framework:  
Observe - Discover - Adjust

# 24/7

Access

Unlimited access to recordings, workbooks, and coaching community

Complete the masterclass to **earn your certificate** and **join a community** of forward-thinking coaches transforming swim programs with data-driven methods.